

# DANCE EDUCATION--TEACHING AND LEARNING

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## Dissertation:

- 1976 Nigeria's Ubakala Igbo Dance: Life, Death, and the Women's War. London: Harwood Academic Publishers--in preparation (Development of The Anthropology of Dance Ritual. Ph.D. dissertation, Columbia University. Ann Arbor: University Microfilms No. 76-28,657)  
(Six dance-plays that the Ubakala selected as representing their aesthetic illustrate how dance serves as a vehicle through which persistent and contradictory values and organizing principles of social life can be expressed, taught, and reconciled.)

## Books:

- 1987 To Dance Is Human: A Theory of Nonverbal Communication. Revised 1979 edition. Chicago: University of Chicago Press (1 800 621 2736)  
(An innovative synthesis of knowledge in the social and behavior sciences, arts, and humanities that broadens our understanding of dance as a medium of education; a case study illustrates how dance is a way of teaching and learning for child and adult alike.)
- 1983 The Performer-Audience Connection: Emotion to Metaphor in Dance and Society. Austin and London: University of Texas Press (512 471 7233)  
(Choice, outstanding book that shows how emotion, critical to learning, is conveyed through dance.)
- 1988a Disruptive School Behavior: Class, Race and Culture. New York: Holmes & Meier Publishers (1 800 698 7881)  
(A case study of a desegregated magnet elementary school where some youngsters use individual and group dance to comment on school and community life, mark identity, and defy school authority. Dance can be used diagnostically and as a scaffold for teaching and learning.)
- 1988b Dance, Sex and Gender: Signs of Identity, Dominance, Defiance and Desire. Chicago: University of Chicago Press (1 800 621 2736)  
(A description of how we learn what is it to be male and female through the images we see and make; children learn gender patterns through observing in dance who does what, when, where, how, along and with or to whom.)
- 1999 Partnering Dance and Education: Intelligent Moves for Changing Times. Champaign, IL: Human Kinetics Press  
(A synthesis of current knowledge about learning in, about, and through dance; benefits; emotion, mind, and body; goals; standards; connections; diversity; gender; teacher preparation; practical material.)
- 2006 Dancing for Health: Conquering and Preventing Stress. Lanham, MD: AltaMira Press (1 800 462 6420).  
(Dance in education can be both a stress-inducing agent and a stress-management technique useful to a person for life. Teachers can follow practices that use stress to motivate the pursuit of excellence without causing injury.)
- 2015 **Dancing to Learn: The Brain's Cognition, Emotion and Movement**. Lanham, MD: Lanham, MD:

Rowman & Littlefield Education

(The new brain sciences integrated with knowledge in the arts, humanities, and social sciences show dance is nonverbal language with similar places and education processes in the brain as verbal language, thus a powerful means of expression. Moreover, dance is physical exercise that sparks new brain cells and neural plasticity throughout life and helps us cope with stress that interferes with learning.)

**Articles (\* = most relevant to current K-12):**

- 1965 "African Dance as Education," Impulse: Dance and Education Now, pp. 48-52
- 1970 "Dance and the Social Sciences: An Escalated Vision," in Martin Haberman and Toby Meisel, eds., Dance--An Art in Academe. New York: Teachers College Press, pp. 32-38
- 1982a\* "Public Social Policy and the Children's World: Implications of Ethnographic Research for Desegregated Schooling," in George D. Spindler, ed., Doing the Ethnography of Schooling: Educational Anthropology in Action, New York: Holt, Rinehart and Winston, pp. 316-355 (reissue, Prospect Heights, IL: Waveland Press, 1988)
- 1982b "Tempest in a Toeshoe: Public Policy and the Performing Arts," Practicing Anthropologist 4(1):14-15
- 1983a "The Mentality and Matter of Dance," Art Education (Special issue on Arts and the Mind, ed., Martin Engel) 36(2):42-46
- 1983b "Dance and the Cultural Heritage," Proceedings of the International Conference on Children and Youth Dancing, Stockholm, 1982. Stockholm: Swedish Division of Dance and the Child, UNESCO affiliated, pp. 9-25
- 1983c "Dance and the Child," Current Anthropology 24(2):222-224
- 1983d "Education in the Arts," The Washington Post, October 11, p. C7
- 1983e "Dance and the Child: A Conference Report," Dance Research Journal 15(1):50-53
- 1983f\* "Review of Gloria T. Blatt and Jean Cunningham's It's Your Move: Expressive Movement Activities for the Language Arts Classroom," Dance Research Journal 15(2):36-38
- 1984a "Black/White Nonverbal Differences, Dance and Dissonance: Implications for Desegregation," in Aaron Wolfgang, ed., Nonverbal Behavior: Perspectives, Applications, Intercultural Insights. Toronto and Gottingen: C.J. Hogrefe, pp. 349-385
- 1984b "Audience Development Through Education," Design 85(6):21-25
- 1986a\* "Education: Why Bharata Natyam?" Dancemagazine 60(3):115
- 1986b\* "Interethnic Communication in Children's Own Dance, Play, and Protest," in Young Y. Kim, ed. Interethnic Communication (Vol. 10, International and Intercultural Communication Annual). Newbury Park, CA: Sage, pp. 176-198
- 1987 "Dance and Religion (Overview)," in Mircea Eliade, ed., The Encyclopedia of Religion. Vol. 4. New York: Macmillan Co., pp. 203-212
- 1988a "Teaching Adult Beginners," Dance Teacher Now, January 10(1):26, 28-30
- 1988b\* "Do We Teach Sex Roles Through Dance Education?" Dance Teacher Now (7):38-41

- 1989c\* "Dance Education in the Public Schools," Dance Teacher Now 11(2):25-26, 28-32
- 1990a\* "Dance and Stress: Good or Bad?" Dance Teacher Now 12(1):27-28, 30, 32, 34, 36
- 1990b\* "Ailey Camp Promotes Literacy for At-Risk Youth," Dance Teacher Now 12(4):38-40
- 1991a "U.S. Department of Education Programs that Support Arts Education," Design for Arts in Education 93(1):21-26
- 1991b\* "Advantages of Bharata Natyam," Dance Theatre Journal 9(1):14-15
- 1991c\* "Using the Arts As a Dropout Prevention Tool," Child Behavior and Development Letter 7(3):1-2
- 1991d\* "Issues in Supporting School Diversity: Academics, Social Relations, and the Arts," Education Week 10(31), April 24, pp. 27, 29
- 1991e "Racial Tension on University Campuses," Synthesis: Law and Policy in Higher Education 3(2):166-168
- 1992a\* "Tradition, Challenge, and the Backlash: Gender Education Through Dance," in Laurence Senelick, ed., Gender and Performance. Hanover, NH: The University Press of New England, pp. 223-238
- 1992b\* "Connections: Arts, Academics, and Productive Citizens," Phi Delta Kappan 73(8):601-607 (April/May)
- 1993\* "Education and Social Change," in John U. Ogbu, sect. ed., Anthropology of Education; T. Husen and T. N. Postelthwaite, eds.-in-chief, International Encyclopedia of Education, Research and Studies, 2nd ed. Oxford: Pergamon Press, pp. 5508-5510
- 1994a\* "Issues in Supporting School Diversity: Academics, Social Relations, and the Arts," Anthropology & Education Quarterly 25(1):1-20
- 1994b\* "Kennedy Center's Programs Reach the Nation," Dance Teacher Now 16(4):63-66
- 1994c\* "Arts Education and the Transition to Work," Arts Education Policy Review 96(2):31-37
- 1995a\* "Moving With the Arts: The Getty Center for Education in the Arts' National Conference Defines the Year's Benchmarks and Cries 'Forward'," Dance Teacher Now 17(8):55-58, 60
- 1995b\* "The Power of Dance: Health and Healing," Journal of Alternative and Complementary Medicine 1(4):323-327
- 1996a\* "The Private Studio's Role in Educational Reform," Dance Teacher Now 18(1):61, 63-64, 66-67, 68
- 1996b "Rhythm and Choreography," Degrés, No. 87 (Autumn):65-80
- 1996c "The National Arts Education Campaign," Spotlight 22(5):1, 5
- 1997a\* "Rasta Thomas: Extraordinary Boy Next Door," Dance Teacher Now 19(1):65-72
- 1997b\* "Nilimma Devi's Touch of India in America," Dance Teacher Now, 19(2):97-100, 102
- 1997c\* "What Can Students Get From Dance Competitions?" Dance Teacher Now 19(3):100
- 1997d "Creativity in Ubakala, Dallas Youth, and Exotic Dance," in R. Keith Sawyer, ed., Creativity in Performance. Norwood, NJ: Ablex Publishing Corporation, pp. 141-167

- 1998a "Chuck Davis," Dance Teacher Now 20(1):50-51
- 1998b\* "Learning Ballet the Russian Way," Dance Teacher Now 20(9):40-44, 46-47
- 1998c "Feminist Perspectives on Classical Indian Dance," in David Waterhouse, ed., Dance of India (South Asian Studies Papers). Toronto: University of Toronto Graduate Centre for South Asian Studies, pp. 193-231
- 1999a\* with Heather C. Liston and Diane Smagatz-Rawlinson. "Dance 2000: Dance Beyond Doors," Dance Teacher 21(2):42-44, 46, 48-52
- 1999b\* "Dance Advocacy on Capitol Hill and at Home," Dance Teacher 21(3):16
- 1999c\* "Small Talk about Big Choreography: Exploring the Process with Vladimir Anguelov," Dance Teacher 21(3):43-46
- 1999d\* "Dance and Emotion," in David Levinson, James Ponzetti, and Peter Jorgensen, eds. Encyclopedia of Human Emotions. New York: Macmillan, Vol. 1. New York: Macmillan, pp. 171-177
- 1999e\* "Vaganova Method," Dance Spirit, May, p. 41
- 1999f\* "Dancing from the Heart: Kids Dancing About what Matters to Them," Dance Teacher 21(6):22
- 1999g\* "From the Choreographer's Vantage Point," Dance Spirit, July, p. 46-47
- 1999h "Talented Unlimited [Musical Theater Center]," Dance Spirit, September, p. 126
- 1999i "'Fame Game' Vivian Nichole Nixon: Debbie Allen's Daughter Is Making a Name for Herself," Dance Spirit, December, p. 56
- 2000a\* "Continue Your Education to Improve Your Teaching: 34 Opportunities for Career Development," Dance Teacher 22(1):69-74, 76-77
- 2000b\* "Bridging College and Community: A Performance Program at Colgate University Addresses Kids' Real-life Issues Through Dance," Dance Teacher 22(1):90-92
- 2000c\* "Range of Motion: Inside a Workshop that Uses Dance To Help You Explore Different Viewpoints," Dance Spirit, April, p. 42
- 2000d\* "The Language of Dance," Washington Parent, April, pp. 26-27, 32
- 2000e "Renaissance Man: Tony Powell Does It All, and Does it Better than Most," Dance Teacher 22(4):44, 46-47
- 2000f\* "Learning Through Dance," American School Board Journal 187(6):47-48
- 2000g "Eternal Enchantress: Debbie Allen Pushed the Envelope With Her Latest Dance Sensation," Dance Spirit, March, p. 94
- 2000h\* "Spanish Dancing," Dance Teacher 22(6):52-53
- 2000i "Body Language: Dance Innovator Bill T. Jones Speaks His Mind – With His Body, That Is," Dance Spirit, August, p. 86
- 2000j\* "On My Mind: Body Language" [Bethesda Urban Literary Festival], Dance Teacher 22(9):31

- 2000k "A Tornado in the Washington Ballet: New Artistic Director Septime Webre is Taking His Company on a Wild Ride," Dance Spirit, December, pp. 52-53
- 2000l "A Heady Teachers Conference at Vail," Dance Magazine 74(11):78-79
- 2000m "Learning Through Dance," American School Board Journal 187(6):47-48
- 2001a\* "Does Dance Education Help Academic Achievement? The Experts Weigh In," Dance Magazine 75(1):78
- 2001b\* "The Language of Dance," JOPERD (Journal of Physical Education, Recreation and Dance) 72(4):40-45, 53
- 2001c\* "Beyond the Soundbite: What the Research Actually Shows about Arts Education and Academic Outcome," Journal of Dance Education 1(2):81-85
- 2001d\* "Dance Training and Dance Education," Dance Research Journal 32(2):4-5
- 2001e\* "K-12 School Dance Partners, Who Are They?" Spotlight on Dance 27(2):9-10
- 2001f\* "Where Is the Research on Dance Education?" Congress on Research in Dance Newsletter 20(2):5-6
- 2001g\* "Dance Comes to Children and Youth in Public Housing," Dance Magazine 75(1):55
- 2001h\* "Bringing Magic Into Your School," Principal Leadership 2(3):21-24
- 2002i\* "Dance Education Workshop at Vail International Dance Festival," Research in Dance Education 3(1):47-55
- 2002j "Reading A Universal Language?" DCA (Dance Critics Association) News, Spring, pp. 6, 15.
- 2002k\* "Lost Dance Research/Found New Hubris," Dance Research Journal 34(1):7-10
- 2002l "Rasta's Quest: Ballet's Maverick is Still Looking for a Home," Dance Magazine 76(6):40-43, 68-69
- 2002m\* "Playing Dance Anthropologist in Dance Education," Journal of Dance Education 2(3):100-103
- 2002n\* "Sharing the Secret," daCi (Dance and the Child International) USA Newsletter, Winter, p. 10
- 2003a\* "Intelligent Moves: A Dance-Education Pas de Deux," World & I, February, pp. 78-85
- 2003b "Russia's Mirror of the Times: the Kirov Ballet," Dancer April, pp. 66-68
- 2003c\* "Studio Biz Talk: Enemy or Ally? Private Teacher Ziva Cohen in Public Schools," Dancer, June, pp. 31-32.
- 2003d "Michele Wiles: Born to Dance," Dancer, October 83-89
- 2003e "From Africa's Mali to America's Washington, DC," Dancer, October pp. 130, 133-134
- 2004a "Anthropology as a Tool in Education," Anthropology News 45(4):41-42.
- 2004b\* "The Teaching Artist's Armament," Teaching Artist Journal 2(2):104-106
- 2004c "Cuba: A Little Island & a Lot of Dance," Dancer, July, pp. 44-49
- 2004d "The Washington School of Ballet Has a New Director—Rebecca Wright," Dancer, September, pp.

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- 2004e "To Tap into the Meaning of Movement," Movement News (Laban/Bartenieff Institute of Movement Studies), 29(1):9-10
- 2004f "Taleh's Solo Concert--Her Kuchipudi Graduation," Dancer, October, pp. 82, 84, 86, 88
- 2004\* "Dance Classes" and "Performing Arts Audiences," in Gary S. Cross, ed., Encyclopedia of Recreation and Leisure in America. New York: Charles Scribner's Sons
- 2005a "Dance and Religion (Overview)," in Lindsay Jones, ed., The Encyclopedia of Religion. 2<sup>nd</sup> edition. New York: Macmillan Co., pp. 2134-2143
- 2005b "Rasta Thomas, Prodigal Son," Dancer, January, pp. 58-69
- 2005c\* "Body Language and Learning: Insights for K-12 Education," in Lynnette Y. Overby and Billie Lepczyk, eds., Dance Education (Dance: Current Selected Research). New York: AMS Press, pp. 203-220
- 2006a "Dancing, ACT and Signs of Suicide: American/International Rhythm--Dance/Movement Therapy Practice and Research," Dancer, April, pp. 71-72, 74
- 2006b\* "The Power of Dance Discourse: Explanation in Self-Defense," American Journal of Dance Therapy 28(1):3-20
- 2006c "College for Dancers?" Dancer, November, 90-97
- 2007a "How Dance Helps Us Cope: Exploring the Relationship between Stress and Dance," Goldrush Magazine 12(1)80, 83-84
- 2007b "Home is Where the Heart Is: Fabian Barnes Celebrates 20 Years of Performance and Outreach," Dance Teacher, February, pp. 40-45
- 2007c "YouTube? MySpace? Inspiration for Choreography?" Dancer, April, pp. 36-37
- 2007d "Kirov Academy of Ballet of Washington, DC: A Russian Heritage Alive and Growing," Dancer, May, pp. 52-63
- 2007e "Adventures Abroad for Students, Teachers and Other Dance Lovers," Dancer, November, pp. 52-55
- 2007f "Come One, Come All -- DC Dance Collective," Dancer, December, pp. 50-51
- 2007g "Kids and Exercise: Sweat It With Two for One," Education Next 7(1), Spring, p. 9
- 2008a "The Good, The Bad, and Too Much of a Good Thing," Dancer, September, p. 82.
- 2008b\* "Dance Stylistic Fluency Expands Movement and Choreographic Options," Dance Studio Life, October, pp. 75-76
- 2008c\* "A Nonverbal Language for Imagining and Learning: Dance Education in K-12 Curriculum," Educational Researcher, 37(8):491-506
- 2008d "The Mysteries of Dance: Enthusiastic Neuroscientists Ask Mark Morris to Explain," National Dance Education Organization, E-Communicator, 33(5), December 4
- 2011 "Le pouvoir de la danse," in André Helbo, ed., Performance et saviors, Actes, Brussels: Group de Boeck, pp.147-156
- 2011 "Dancing: A Nonverbal Language for Imagining and Learning," in Norbert Seel, Encyclopedia of the Sciences of Learning, Vol. 2. New York: Springer, pp. 905-908
- 2016a "Fit To Learn: How Dancing Ignites Brain Cells and Elevates Learning," Principal Leadership

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"What Educators and Parents Should Know About Neuroplasticity, Learning and Dance," Sharp Brains, January 22 <http://sharpbrains.com/blog/2016/01/22/what-educators-and-parents-should-know-about-neuroplasticity-learning-and-dance/>

2016b "What Everyone Should Know about Stress, Brain Health, and Dance," Sharp Brains, February 24. <http://sharpbrains.com/blog/2016/02/24/what-everyone-should-know-about-stress-brain-health-and-dance/#comments>

2016c "What Makes a Dance? The Brain as Choreographer, Dancer and Spectator," <http://www.4dancers.org/2016/07/what-makes-a-dance-the-brain-as-choreographer-dancer-and-spectator/>

2017\* "Movement," "Multicultural Education," in Janet Sturman and J. Geoffrey Golson, eds., The SAGE Encyclopedia of Ethnomusicology, forthcoming

### **For School Youngsters:**

2009 "The Mentality and Matter of Dance," pp. 12-14, "Stress and Stage Fright," pp. 21-23, "Respectability of the Dancer," pp. 24-27, "Creative Problem-Solving," pp. 141-145, in Kim Chandler Vaccaro, ed., Dance In My Life, Reston, VA: National Dance Association, e-book