THE POWER OF DANCE: HEALTH AND HEALING

JUDITH LYNNE HANNA, Ph.D.

Dance

American Journal of Dance Therapy

Berrol, Cynthia

Boddy, Janice

Buckroyd, Julia
2000  The Student Dancer; Emotional Aspects of the Teaching and Learning of Dance. London: Dance Books

Chang, M., & Leventhal, F.

Cruz, Robyn, and Cynthia R. Berrol (Eds.)

Dosamantes-Beaudry, I.

Frank, Z.

Friedson, Steven

Gray, A. E. L.

Guindy, Howaida El, and Claire Schmais

Halprin, Anna
2000  Dance as a Healing Art, Returning to Health with Movement and Imagery. Mendocino,CA: Life Rhythm

Hamilton, Linda H.

Hanna, Judith Lynne

<table>
<thead>
<tr>
<th>Year</th>
<th>Title and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>1988</td>
<td>Dance, Sex, and Gender: Signs of Identity, Dominance, Defiance, and Desire. Chicago: University of Chicago Press</td>
</tr>
<tr>
<td>1990</td>
<td>&quot;Dance and Stress: Good or Bad?&quot; Dance Teacher Now 12(1):27-28, 30, 32, 34, 36</td>
</tr>
<tr>
<td>2006</td>
<td>Dancing for Health: Conquering and Preventing Stress. Lanham, MD: AltaMira Press</td>
</tr>
<tr>
<td>2012</td>
<td>Naked Truth: Strip Clubs, Democracy and a Christian Right. Austin; University of Texas Press</td>
</tr>
</tbody>
</table>

Levy, Fran J.
Health and Healing

Marshall, Lorna
1962  "!Kung Bushman Religious Beliefs," Africa 32:221-252

Messing, Simon D.


Payne, Helen (Ed.)

Perlman, Susan G., et al.
1990  "Dance-Based Aerobic Exercise for Rheumatoid Arthritis," Arthritis Care Research 3(1):29-35

Schoenfeld, Linda
1986  "Dance Does It," Dancemagazine 55(5):131, May

Torrey, E. Fuller

Wilson, Andrew Abrahams

Dance and Physical Injury

Clippinger, Karen Sue

Howse, Justin and Moira McCormack

Solomon, Ruth and John Solomon

See www.iadms.org International Association for Dance Medicine and Science

Suggested Videos

Dibbell-Hope, Sandy, Moving Toward Health. University of California Extension Center for Media and Independent Learning. 28 minutes. Documentary that demonstrates the use of the dance therapy form "Authentic Movement" in a support group for survivors of breast cancer, 1992

Willke, Claudia, *Come Dance with Me.* University of California Extension Center for Media and Independent Learning (2176 Shattuck Avenue, Berkeley, CA 94704). 66 minutes. Profile of the movement therapist Trudi Schoop, 1992

Wilson, Andy Abrahams, *Positive Motion.* University of California Extension Center for Media and Independent Learning. 37 minutes, color 1992, Catalog #38151

**General Health and Healing**


