

# THE POWER OF DANCE: HEALTH AND HEALING

2019

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## Dance

### American Journal of Dance Therapy

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## **Dance and Physical Injury**

Clippinger, Karen Sue

2007 Dance Anatomy and Kinesiology: Principles and Exercises for Improving Technique and Avoiding Common Injuries. Champaign, IL: Human Kinetics

Howse, Justin and Moira McCormack

2000 Dance Technique and Injury Prevention. New York: Theatre Arts Books/Routledge

Solomon, Ruth and John Solomon

2001 Dance Medicine & Science Bibliography, 2<sup>nd</sup> ed. Andover, NJ: J. Michael Ryan

See [www.iadms.org](http://www.iadms.org) International Association for Dance Medicine and Science

## **Suggested Videos**

Dibbell-Hope, Sandy, Moving Toward Health. University of California Extension Center for Media and Independent Learning. 28 minutes. Documentary that demonstrates the use of the dance therapy form "Authentic Movement" in a support group for survivors of breast cancer, 1992

Morrell, Karen and Steven Friedson. Prophet Healers of Northern Malawi. University of Washington's African Encounters Series PC 45, Seattle, Washington, 98195. 30 minutes. Healers use a divination trance achieved through music and dance, 1992

Willke, Claudia, Come Dance with Me. University of California Extension Center for Media and Independent Learning (2176 Shattuck Avenue, Berkeley, CA 94704). 66 minutes. Profile of the movement therapist Trudi Schoop, 1992

Wilson, Andy Abrahams, Positive Motion. University of California Extension Center for Media and Independent Learning. 37 minutes, color 1992, Catalog #38151

### **General Health and Healing**

Atkinson, R. D., G. Martin & D. W. Sue (Eds.)

1983 Counseling American Minorities: A Cross-cultural Perspective (2nd ed.). Dubuque, Iowa: William C. Brown

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1992 Pain as Human Experience: An Anthropological Perspective. Mary-Jo Del Vecchio Good, Paul E. Brodwin, Bryon J. Good, and Arthur Kleinman (Eds.). Berkeley: University of California Press

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Morris, David B.

1991 The Culture of Pain. Berkeley: University of California Press

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