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Books:

- 1987 To Dance Is Human: A Theory of Nonverbal Communication. Revised 1979 edition. Chicago: University of Chicago Press
 (Identities of gender, age, social class, warrior skill, leadership)
- 1983 The Performer-Audience Connection: Emotion to Metaphor in Dance and Society. Austin and London: University of Texas Press
 (How the expression of emotion identifies ethnic groups)
- 1988a Disruptive School Behavior: Class, Race, and Culture. New York: Holmes & Meier Publishers
 (How some youngsters use individual and group dance to assert their identity)
- 1988b Dance, Sex, and Gender: Signs of Identity, Dominance, Defiance, and Desire. Chicago: University of Chicago Press
 (Conveying identity in dance through who does what, when, where, how, along and with or to whom)
- 1999 Partnering Dance and Education: Intelligent Moves for Changing Times. Champaign, IL: Human Kinetics Press
 (Learning in, about, and through dance; student and teacher identities in professional dance and education)
- 2007 Dancing for Health: Conquering and Preventing Stress. Lanham, MD: AltaMira Press.
 (Identities of life crisis stages, disease, colonialism, race relations, poverty, human and supernatural)
- 2015 Dancing to Learn: The Brain's Cognition, Emotion, and Movement. Lanham, MD: Rowman Littlefield Education
 (Sources and underlying processes of expressing identity)
- Nigeria's Ubakala Igbo Dance: Life, Death, and the Women's War. London: Harwood Academic Publishers--in preparation (Development of The Anthropology of Dance Ritual. Ph.D. dissertation, Columbia University. Ann Arbor: University Microfilms No. 76-28,657, 1976)
 (Dance as a vehicle through which persistent and contradictory values and identities can be expressed, taught, and reconciled)

Articles:

- 1979 "Dance and its Social Structure: The Ubakala of Nigeria," Journal of Communication (The Social Meanings of Art) 29(4):184-191
- 1983 "From Folk/Sacred to Popular Culture: Syncretism in Nigeria's Ubakala Dance-Plays," Critical Arts (Rhodes University, South Africa) 3(1):44-54
- 1985 "Foreign Policy and the Arts," The Newsletter of International Dance Alliance, Winter, p. 4
- 1986 "Interethnic Communication in Children's Own Dance, Play, and Protest," in Young Y. Kim, ed., Interethnic Communication (Vol. 10, International and Intercultural Communication

- Annual). Newbury Park, CA: Sage, pp. 176-198
- 1988a "The Representation and Reality of Divinity in Dance," Journal of the American Academy of Religion 56(2):501-526
- 1988b "Theories and Realities of Emotion in Performance," Polish Art Studies 9:44-66 and Gestos 3(6):27-51
- 1988c "Do We Teach Sex Roles Through Dance Education?" Dance Teacher Now 10(7):38-41
- 1989a "African Dance Frame by Frame: Revelation of Sex Roles Through Distinctive Feature Analysis and Comments on Field Research, Film, and Notation," Journal of Black Studies 19(4):422-441; abstracted in Cultural Anthropology Methods Newsletter 1(2):13, 1989
- 1989b "The Anthropology of Dance," in Lynnette Y. Overby and James H. Humphrey, eds., Dance: Current Selected Research, I. New York: AMS Press, pp. 219-237
- 1989c "Dance, Politics, and National Identity," Ballett International (Cologne) 12(2):20-25
- 1990a "Dance and Women's Protest in Nigeria and the United States," in Guida West and Rhoda Lois Blumberg, eds., Women and Social Protest. New York: Oxford University Press, pp. 333-345
- 1990b "Why Learn Indian Dance: What Western-style Dancers Stand To Gain from a Study of Bharata Natyam?" India Currents 4(8):17-18
- 1990c "Ailey Camp Promotes Literacy for At-Risk Youth," Dance Teacher Now 12(4):38-40
- 1992 "Moving Messages: Identity and Desire in Dance," in James Lull, ed., Popular Music and Communication, 2nd Edition. Newbury Park, CA: Sage, pp. 176-195
- 1994 "What Is Black Dance?" Dance Teacher Now 16(8):69-72, 74, 76
- 1995 "The Power of Dance: Health and Healing," Journal of Alternative and Complementary Medicine 1(4):323-327
- 1996 "In Defense of Exotic Dance," Exotic Dancer Bulletin 1(3):70, 72
- 1997a "Nilimma Devi's Touch of India in America," Dance Teacher Now 19(2):97-100, 102
- 1997b "Creativity in Ubakala, Dallas Youth, and Exotic Dance," in R. Keith Sawyer, ed. Creativity in Performance, R. Keith Sawyer, ed. Norwood, NJ: Ablex Publishing Corporation, pp. 141-167
- 1998a "Learning Ballet the Russian Way," Dance Teacher Now 20(9):40-44, 46-47
- 1998b "Exotic Dance in Seattle: The First Amendment and Anthropology," AnthroWatch 6(1):4-6
- 1999a "Feminist Perspectives on Classical Indian Dance," in David Waterhouse, ed., Dance of India (South Asian Studies Papers). Toronto: University of Toronto Graduate Centre for South Asian Studies, pp. 169-202
- 1999b "Toying with the Striptease Dancer and the First Amendment," in Stuart Reifel, ed., Play and Culture Studies, Vol. 2. Greenwich, CT., Ablex, pp. 37-55
- 2002 "Playing Dance Anthropologist in Dance Education," Journal of Dance Education 2(3):100-103
- 2003 "Aesthetics -- Whose Notions of Appropriateness & Competency, What Are They and How Do We Know?" World of Music, Special Issue: Cross-Cultural Aesthetics, eds., D.A. Avorgbedor and M.P. Baumann, 45(3):29-54
- 2004a "Cuba: A Little Island & a Lot of Dance," Dancer, July, pp. 44-49
- 2004b "Cuban Dance on Street, Stage and Page" (with Ramiro Guerra), Dance Critics Association News, Fall, pp. 8 -13
- 2004c "To Tap into the Meaning of Movement," Movement News (Laban/Bartenieff Institute of Movement Studies), 29(1):9-10
- 2004d "Dance Classes," in Gary S. Cross, ed., Encyclopedia of Recreation and Leisure in America, Vol. 1. Detroit, MI: Charles Scribner's Sons, pp. 263-265
- 2004e "Performing Arts Audiences," in Gary S. Cross, ed., Encyclopedia of Recreation and Leisure in America. Vol 2. Detroit, MI: Charles Scribner's Sons, pp. 105-107
- 2004f "Social Dancing," in Gary S. Cross, ed., Encyclopedia of Recreation and Leisure in America. Vol. 2. Detroit, MI: Charles Scribner's Sons, pp. 284-287
- 2004g "Dance," in Cary Wintz and Paul Finkelman, eds., Encyclopedia of the Harlem Renaissance (2 vols.). New York: Routledge, pp. 289-293
- 2005a "Dance and Religion (Overview)," in Lindsay Jones, ed., The Encyclopedia of Religion. 2nd edition. New York: Macmillan Co., pp. 2134-2143
- 2005b "Body Language and Learning: Insights for K-12 Education," in Lynnette Y. Overby and Billie Lepczyk, eds., Dance Education (Dance: Current Selected Research, Vol. 5). New York: AMS Press, pp. 203-220
- 2005c "Adult Entertainment Exotic Dance: A Guide for Planners and Policy Makers" (CPL [Council of Planning Librarians] Bibliography 375), Journal of Planning Literature 20(2):116-134
- 2006 "Marian Chace Foundation Annual Lecture: October 2005. The Power of Dance Discourse: Explanation in Self-Defense," American Journal of Dance Therapy 28(1):3-20
- 2010 "Dance and Sexuality: Many Moves," The Journal of Sex Research (publication of the Society for the Scientific Study of Sexuality) 47:1-30
- 2017 "To Dance Is Human Boundary Marking" (essay/review of The Oxford Handbook of Dance and Ethnicity), Dance Chronicle. 40(2):211-216

2019b “Identity in African Dance—Myth and Reality (The Nankama African Dance Conference, Howard University, Proceedings),” in Evoke: A Historical, Theoretical, and Cultural Analysis of Africana Dance and Theatre 1(1):36-45, Spring